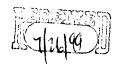
## NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of Muscle Tribe Glutamine Product #51000 bearing the statements set out below:

Weider Nutrition International., Inc. 2002 South 5070 West Salt Lake City, Utah 84104

The text of each structure-function claim for L-Glutamine is as follows:

(Statement 1)	L-Glutamine acts as a "nitrogen shuttle" for a variety of metabolic activities and is especially active during injury or heavy training.
(Statement 2)	L-Glutamine supports glycogen (carbohydrate storage) synthesis, protein synthesis, and nitrogen retention, while counteracting cortisol to prevent protein breakdown in muscle.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 20 day of Ju	, 199 <u>9</u> .
	WEIDER NUTRITION INTERNATIONAL, INC
	DR. LUKE R. BUCCI
	Vice President of Research

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## NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of Schiff® Flush Free Niacin Product #10217 bearing the statements set out below:

Weider Nutrition International., Inc. 2002 South 5070 West Salt Lake City, Utah 84104

The text of each structure-function claim for Niacin is as follows:

(Statement 1)	Niacin is necessary for proper circulation and healthy skin.
(Statement 2)	It aids in the functioning of the nervous system and in the metabolism of carbohydrates, fats, and proteins.
(Statement 3)	This form of niacin is bound to inositol to prevent the flushing sometimes associated with niacin.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this Zok day of July	, 199 <u>9</u> .
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W	EIDER NUTRITION INTERNATIONAL, INC.
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_	DR. LUKE R. BUCCI
	Vice President of Research